DLT Presentation - The Positivity Project
July 1, 2020
HPCSD Mission:

The Hyde Park Central School District empowers our community to strive for excellence and embrace the opportunities of our globally connected world.
Meeting the Social-Emotional Needs of ALL

- What will September “look like?”
- How do we reconnect with our students and staff?
- How to we support students and as they reconnect with each other?
- You cannot have Bloom without Maslow.
- Positive Psychology
Possible Idea

The Positivity Project:

#PositivityInAction

#OtherPeopleMindset

Building Better
Relationships and Selves

Positive Psychology
<table>
<thead>
<tr>
<th>Why Relationships?</th>
<th>Narcissism vs Empathy</th>
<th>Achievement vs Caring</th>
<th>Loneliness</th>
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<tbody>
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<td>The research is clear. Relationships are the cornerstone of health and happiness.</td>
<td>In college freshmen between 1980’s - 2000’s: Narcissism had a 30% increase while Empathy had a 40% decrease.</td>
<td>In a Harvard study, 80% of students choose High Achievement or Happiness instead of caring for others as a priority. Only 15% of students saw “promoting caring in students” as their teachers’ top priority.</td>
<td>2018 study of 20,000 adults found loneliness to be an epidemic. 25% of people say they do NOT have someone close with which to share information.</td>
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Implementation

HPCSD “joins the movement” and becomes a Partner District

Jun 2020
- Partner for 2020-2021

Sept 2020
- P2 Playbook
- Staff Training - online
- Parent Information

Feb 2021
- Check-ins (on-going)
- Adjust as needed

Nov 2020
- Check-ins (on-going)
- Adjust as needed

May 2021
- Share/debrief
- Partner 2021-2022?
PARTNER

Through the teaching of Positive Psychology & 24 Character Strengths

Positive Project’s resources, training, and strategy.

Includes 32 weeks of grade level differentiated, daily prepared slide presentations

About 10-15 minutes per lesson

TRAIN

Through ONLINE training, teachers and staff become familiar with each of Positive Psychology & 24 Character Strengths

Building knowledge and confidence

P2 Implementation Playbook

INSPIRE

Using knowledge, resources and training, teachers will be prepared to: Inspire students to build better relationships.
The What?
Character Strengths
Character Strengths Calendar
QUESTIONS?