

ATHLETIC MEDICAL CLEARANCE AND FAMILY ID

- District Physical Clearance Procedures

Athletic Physicals

1. **The Commissioner's Regulations mandate that all athletes** must be given a physical examination prior to their participation in interscholastic athletics. State mandates require that the date of the physical examination must be within 12 months of the start date of the sport season.
2. **Sports Clearance Procedure**

ALL SPORTS REGISTRATION MUST BE DONE USING FAMILY ID

- Physical Exam – Athletes are required to have a complete physical examination, either by their own health care provider, or by a district health care provider. The physical must be on file in the health office prior to the start of the sport season. A physical is valid for one year.
- Health History – Parent/Guardian is also required to complete, sign and submit the Health History on Family ID before the start of each sport season in which their athlete will be participating.
- Final Approval – Once the forms have been submitted to the health office and on Family ID, they will be reviewed by the school nurse. They will then be submitted to a district health care provider for approval. If there are any medical concerns or unresolved medical issues, the parent/guardian will be notified. Once the appropriate medical clearance has been obtained, the record will again be reviewed.
- Coach Notification – Once the health clearance process has been completed and the athlete is found fit to play, the coach will be notified that the athlete can participate.

The Family ID website link www.familyid.com can be found on the FDR website under Athletics.

STUDENTS CAN NOT TRY OUT UNTIL THE HEALTH CLEARANCE PROCESS HAS BEEN COMPLETED.

- Family ID

- How to Register

INFORMATION NEEDED TO REGISTER:

It will be helpful to have the following information available to allow for accurate completion of your online registration; example: Name of primary health care provider, medical history and prescription information.

REGISTRATION PROCESS:

A parent/guardian should register by clicking on this link: www.familyid.com or by going to the Hyde Park Central School District webpage and click on athletics and then click FamilyID on the left side.

Follow these steps:

1. To find your program, click on the link provided by the Organization above and select the registration form under the word Programs.
2. Next click on the green Register Now button and scroll to Create Account/Log (in green buttons). If this is your first time using FamilyID, click Create Account. If you already have a FamilyID account, click Log In.
3. Create your secure FamilyID account by entering the account owner First and Last name (parent/guardian), E-mail address and password. Select I Agree to the FamilyID Terms of Service. Click Create Account.
4. You will receive an email with a link to activate your new account. (If you don't see the Email, check your E-mail filters (spam, junk, etc.).)
5. Click on the link in your activation E-mail, which will log you into www.familyid.com
6. Once in the registration form, complete the information requested. All fields with a red asterisk are required to have an answer.
7. Click the Save & Continue button when your form is complete.
8. Review your registration summary.
9. Click the green Submit button. After selecting 'Submit', the registration will be complete. You will receive a completion email from FamilyID confirming your registration.
10. The health office/athletic office will now begin to process the registration.

At any time, you may log in at www.familyid.com to update your information and check your registration(s) for status of clearance for sports participation.

To view a completed registration, select the 'Registration' tab on the blue bar.

- Link to Family ID
- Authorization for the Administration of Medicine Form

Please delete the emergency information form and 30-day referral form